

## **ENROLLMENT FEES**

### **SEPTEMBER 2008 – AUGUST 2009**

#### **Registration Fees**

1st Child: \$30.00      2nd Child: \$10.00

\*Registration is due at time of enrollment. If a student drops for ANY reason, this fee is due upon re-enrollment.

#### **Annual Insurance Fee**

\$42.00 per child

\*This insurance fee is a mandatory fee. This is a secondary policy and must be renewed yearly, for as long as the student is enrolled. DUE SEPTEMBER 1st—prorated thereafter.

#### **Monthly Class Fees**

##### **45 min & 1 hr Classes**

1 class per week—\$72/month

2 classes per week—\$118/month (18% discount)

3 classes—\$140/month (35% discount)

##### **Level 2: 1½ hr Class**

1 class per week—\$88/month

2 classes per week—\$144/month (18% discount)

3 classes—\$172/month (35% discount)

##### **Level 3/4: 2 hr class/2x week**

\$165.00/month

##### **Gymini Crickets (Parent/Tot): 45 min Class**

1 class per week—\$60.00/month

2 classes per week—\$98.00

##### **“TNT” Tumbling & Trampoline: 1½ hr Class**

1 class per week—\$88/month

2 classes per week—\$144/month (18% discount)

#### **\*Family Discounts\***

First child will be charged regular monthly rates. Additional children will receive a 15% discount off each additional child's monthly rate. This does not apply to registration and Insurance fees.

Multiple team member discounts for Level 4 and up will receive a 20% discount off the 2nd child's monthly rate.

**ALL DISCOUNTS TAKEN OFF THE LOWEST MONTHLY RATE**

## **ABOUT US**

Rising Star Gymnastics Training Center, established in 1982, is a gymnastics training program designed to teach girls and boys gymnastics skills and routines using positive motivational techniques. Our outstanding fun-filled program teaches the young student poise, character and self-discipline, while developing a physically fit individual. Each child is given individual attention and is encouraged to progress at his or her individual speed.

Our classes are designed to give your child a rewarding experience by developing a positive self image; one based on confidence and self worth as learned through the experience of accomplishing skills and tasks. We utilize the United States Association of Gymnastics ten-level achievement program as a guideline for instructors and students alike. It's objective is to provide a motivational series of progressively difficult gymnastics skills for the student to work on and master. Because of our structured program, beginning students are challenged and rewarded as are advanced competitive athletes.

### **GENERAL PHILOSOPHIES & GOALS**

It is our mission to provide gymnastics instruction to all students enrolled in our program in an environment that is both safe and positive. We will strive to respect the individual needs of each student in a fair and unbiased way. We will help our staff stay informed of current information in safety, technique, and teaching methods.

#### **Our goals are:**

- To provide an environment where children can set athletic goals to work toward and achieve.
- To provide an athletic environment where children will feel successful; to experience the joys of accomplishment.
- To encourage the development of a positive self-image.
- To encourage pride in being physically fit.

**Team Goals:** In addition to our general goals and philosophies, our goals with our team members extend as follows:

- To help students develop and set attainable goals...To encourage them to take personal responsibility in determining the necessary steps in reaching those goals.
- To encourage self discipline.
- To encourage a working understanding of team effort, team goals, and team support.
- To provide competitive experiences.



*Where fun and success go  
hand in hand!*

## **Class Schedule & Enrollment Fees 2008 - 2009**

**Rising Star Gymnastics Training Center**  
2024 Del Monte Avenue., Suite E  
Monterey, California 93940  
Ph: (831) 375 - 9335  
Fax: (831) 375 - 2018  
Email: [risingstar@sbcglobal.net](mailto:risingstar@sbcglobal.net)  
Web: [www.risingstargym.net](http://www.risingstargym.net)

## PRE-SCHOOL CLASS SCHEDULE

SEPTEMBER 2008 – AUGUST 2009

**Ages Walking—6 years**

### Gymini Crickets (Parent/Tot)

*Ages walking to 36 months*

Wednesday 9:00—9:45 a.m.

Saturday 9:00—9:45 a.m.

### Toddler, Preschool, Kindergarten Gymnastics

<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>
10:00-11:00 3 yrs	10:00-10:45 2 yrs	10:00-10:45 2 yrs
10:00-11:00 3,4 yrs	10:00-11:00 3,4 yrs	10:00-11:00 3,4 yrs
11:00-11:45 2 yrs	11:00-11:45 2 yrs	11:00-11:45 2 yrs
11:00-12:00 3,4 yrs	11:00-12:00 4,5 yrs	11:00-12:00 3,4 yrs
1:30-2:30 3 yrs	1:00-2:00 3,4 yrs	1:30-2:30 3,4 yrs
1:30-2:30 4 yrs	1:00-2:00 4,5 yrs	1:30-2:30 4,5 yrs
2:30-3:30 3,4 yrs	2:00-3:00 5,6 yrs	2:30-3:30 4,5 yrs
2:30-3:30 5,6 yrs	2:30-3:30 4,5,6 yrs	2:30-3:30 5,6 yrs
3:30-3:30 3,4 yrs		3:30-4:30 4,5 yrs
4:00-5:00 K/1st		4:00-5:00 K/1st

#### **Thursdays**

10:00-10:45 2 yrs  
10:00-11:00 3,4 yrs  
11:00-11:45 2 yrs  
11:00-12:00 4,5 yrs  
1:30-2:30 3,4 yrs  
1:30-2:30 4,5 yrs  
2:30-3:30 3,4 yrs  
2:30-3:30 4,5,6 yrs Boys  
3:45-4:45 3,4 yrs  
4:45-5:45 4,5 yrs

#### **Saturdays**

9:00-10:00 3 yrs  
9:00-10:00 3,4 yrs  
10:00-11:00 3 yrs  
10:00-11:00 3,4 yrs  
10:00-11:00 4,5,6 yrs  
11:00-12:00 4,5 yrs  
11:00-12:00 4,5,6 yrs

### **\*\*SATURDAY OPEN GYM\*\***

*From walking to 5 years*

**Saturdays 12:15-1:00 p.m.**

Open Gym is a chance to practice all those fun gymnastics skills being learned in class and is open to all Rising Star Gymnastics enrolled students from walking through 5 years, FREE of charge. Open gym serves as a make-up class for missed classes or as a FREE additional class just for you! Parents must accompany students 3 years of age and younger.

OPEN GYM IS OFFERED SEPTEMBER THROUGH MAY ONLY

## RECREATIONAL CLASS SCHEDULE

SEPTEMBER 2008 – AUGUST 2009

**Ages 6 years & up**

### Recreational Boys (Levels 1-3)

Monday 3:30-4:30

Thursday 3:30-4:30 & 4:30-5:30

Saturday 11:00-12:00 (co-ed)

### Recreational Girls Level 1

Monday 3:30-4:30 & 4:30-5:30

Wednesday 3:30-4:30 & 4:30-5:30

Thursday 3:30-4:30 & 4:30-5:30

Saturday 10:00-11:00 & 11:00-12:00

### Recreational Girls Level 2

Monday 4:30-6:00

Tuesday 4:30-6:00

Thursday 3:30-5:00

Saturday 11:00-12:30

### Recreational Girls Level 3/4

Monday & Wednesday 3:30-5:30

### "TNT" Tumbling & Trampoline

**Ages 11 years & up**

Tuesdays 6:00-7:30 p.m.

Thursdays 6:00-7:30 p.m.

### **\*\*FRIDAY NIGHT OPEN GYM\*\***

*Ages 6 years and up*

**Fridays 6:30-8:00 p.m.**

Open Gym is a chance to practice all those fun gymnastics skills being learned in class and is open to all Rising Star Gymnastics enrolled students ages 6 years and up FREE of charge. Open gym serves as a make-up class for missed classes or as a FREE additional class just for you!

Non-enrolled children ages 6-14 may attend Friday night open gym for \$25 per class. A signed waiver must be received by the office before the child is allowed to participate.

OPEN GYM IS OFFERED SEPTEMBER THROUGH MAY ONLY

## COMPETITIVE TEAMS SCHEDULE

SEPTEMBER 2008 – AUGUST 2009

Rising Star Gymnastics offers Competitive/Exhibition team programs for students who have a great enthusiasm for gymnastics and have also attained an advanced skill level. Our team programs provide an environment where students learn skills such as goal setting, dedication, time management, sportsmanship, teamwork, and ability to overcome obstacles. A positive atmosphere encourages athletes to achieve their dreams.

Team enrollment is by invitation only. Age and skill level are both considered when placing team members. Achievements vary for each team and are subject to change. Being a team member requires commitment from parents and gymnasts. Team members are expected to attend all competitions and exhibitions in which their individual teams are entered. In addition to monthly fees, all team members Level 4 & up must pay a yearly team fee, competition entry fees, and purchase a uniform.

### GIRLS TEAM PROGRAM

Hotshots (3½ - 6 yrs)

Monday & Wednesday 2:30-4:00 p.m.

\$144/month

Level 4 Girls

Tuesday 3:30-6:00 p.m.

Thursday 3:30-6:00 p.m.

Friday 3:30-6:00 p.m.

\$190/month

Level 5/6 Girls

Monday 4:20-7:30 p.m.

Wednesday 4:20-7:30 p.m.

Friday 3:50-8:00 p.m.

(Dance: Tuesday 4:15-5:15)

\$280/month + Dance Fees

Level 7-10 Girls

Monday 4:20-8:00 p.m.

Tuesday 3:50-8:00 p.m.

Thursday 4:20-8:00 p.m.

Saturday 12:30-4:30 p.m.

(Dance: Tuesday 5:15-6:00 p.m.)

\$360/month + Dance Fees

### BOYS TEAM PROGRAM

Level 4 Boys

Monday 3:30-6:00 p.m.

Wednesday 3:30-6:00 p.m.

Friday 3:30-6:00 p.m.

\$190/month

Level 5-10 Boys

Monday 3:50-8:00 p.m.

Tuesday 3:50-8:00 p.m.

Thursday 4:20-8:00 p.m.

Saturday 12:30-4:30 p.m.

\$360/month